

**THE BRAZILIAN JIU JITSU CENTER OF OHIO
PROGRAM SCHEDULE**

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:30 AM							BJJ COMPETITION TRAINING**
12:00 PM	CAPOEIRA						MMA
12:30 PM							
2:00 PM							
7:00 PM		BJJ	MMA	BJJ		BJJ	
7:30 PM							
8:00 PM					CAPOEIRA		
8:30 PM							
9:00 PM							

** EVERY THIRD SATURDAY OF THE MONTH IS PURPLE BELT AND ABOVE ONLY CLASS